

COMPLETE BLUEPRINT

The Lane Stack Blueprint

How to Build an AI-Powered Business Operating
System That Runs 24/7 Without Hiring a Team

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5 AI Prompts That Save 10 Hours a Week

Copy-Paste AI Prompts That Automate Your Most Time-Consuming Tasks

Prompt 1: The Lead Response Generator

What It Does: Takes a raw lead message and generates a personalized, professional response in your voice — ready to send in 5 seconds.

Time Saved: 30 minutes per day

The Prompt:

You are my business assistant. Below is a lead message I received. Write a reply that:

1. Thanks them for reaching out
2. Directly addresses their specific question or need
3. Proposes a clear next step (call, meeting, or resource)
4. Stays in my voice: direct, professional, warm

Lead message: [PASTE LEAD MESSAGE HERE]

My business: [YOUR BUSINESS TYPE]

My name: [YOUR NAME]

Pro Tip: Save your voice guidelines as a fixed prefix to this prompt so every reply sounds like you.

Prompt 2: The Content Repurposer

What It Does: Takes one piece of long-form content (blog post, video transcript, podcast) and turns it into 5 social media posts across different platforms.

Time Saved: 1 hour per piece of content

The Prompt:

Repurpose the following content into engaging social media posts. Create:

1. One LinkedIn post (200-300 words, professional tone, industry insight focus)
2. One Twitter/X thread (5 tweets, punchy, value-first)
3. One Instagram caption (150 words with emojis, hook in first line)
4. One email newsletter blurb (100 words with CTA)
5. One short video script (30 seconds, hook → problem → solution → CTA)

Source content: [PASTE CONTENT HERE]

My brand voice: [DESCRIBE YOUR VOICE – e.g., "direct, slightly irreverent, expert but not arrogant"]

My audience: [DESCRIBE YOUR AUDIENCE]

Pro Tip: Record a 5-minute Loom video on a topic → paste the auto-transcript into this prompt → get a week's worth of social content.

Prompt 3: The Follow-Up Sequence Architect

What It Does: Designs a complete multi-touch follow-up sequence for any type of lead or client — email, SMS, and call scripts included.

Time Saved: 2 hours per sequence

The Prompt:

Design a follow-up sequence for a [TYPE OF LEAD – hot, warm, cold] lead in the [INDUSTRY] industry.

The prospect: [DESCRIBE THE PROSPECT]

Their interest: [WHAT THEY INQUIRED ABOUT]

My offer: [YOUR OFFER/PRODUCT/SERVICE]

Create a 7-touch sequence over 14 days:

- Touch 1 (Day 0, within 1 hour): Immediate response with value
- Touch 2 (Day 1): Educational/nurture
- Touch 3 (Day 3): Social proof/case study
- Touch 4 (Day 5): Soft check-in
- Touch 5 (Day 7): Direct ask for call
- Touch 6 (Day 10): Breakup/"should I close your file?"
- Touch 7 (Day 14): Final message + move to nurture

For each touch provide: Channel (email/SMS/call), exact subject line or opening, body text, and desired outcome.

Pro Tip: Save your best-performing sequences as SOPs in your AI's memory so it can execute them automatically.

Prompt 4: The Meeting Prep Brief

What It Does: Takes a prospect's information and generates a complete pre-meeting brief — background, talking points, objections, and strategy.

Time Saved: 45 minutes per meeting

The Prompt:

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I have a meeting with a prospect. Generate a preparation brief:
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Prospect name: [NAME]
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```
Company: [COMPANY]
```

```
Title/role: [TITLE]
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```
Industry: [INDUSTRY]
```

```
What they want: [WHAT THEY REACHED OUT ABOUT]
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```
Any known context: [PREVIOUS CONVERSATIONS, NOTES, ETC.]
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```
I offer: [YOUR SERVICE]
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Include in the brief:
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1. 3 things I should know about their industry right now
2. 3 talking points tailored to their specific situation
3. 3 likely objections and how to handle each
4. 1 strategic question to ask that shows deep understanding
5. Suggested next step to propose at the end

Pro Tip: Before every call, run this prompt while you're dialing. Read the brief in 60 seconds and you're the most prepared person in the room.

Prompt 5: The Task Decomposer

What It Does: Takes a vague goal or project and breaks it down into specific, actionable tasks with dependencies, deadlines, and owners.

Time Saved: 45 minutes per project

The Prompt:

Decompose the following goal into a detailed task plan:

Goal: [DESCRIBE YOUR GOAL]

Timeline: [DEADLINE]

Available resources: [PEOPLE, TOOLS, BUDGET]

My role: [WHAT YOU'LL DO PERSONALLY]

For each task provide:

- Task name (specific, actionable)
- Estimated time
- Dependencies (what must be done first)
- Priority (critical/important/nice-to-have)
- Owner (me, AI, or delegate)

Group tasks into phases: Foundation → Core Execution → Polishing → Launch

Also identify: Which tasks can be fully automated, which need my input, and which I should delegate.

Pro Tip: Use this prompt weekly to plan your week. It turns “I need to grow my business” into “Call 3 past clients by Tuesday.”

How to Use These Prompts

1. **Copy the prompt** into any AI tool (ChatGPT, Claude, Hermes)
2. **Fill in the [BRACKETS]** with your specific details
3. **Hit enter** — get your output in seconds
4. **Review and adjust** — AI is fast, you’re the expert

The 10-Hour Guarantee

Implement all 5 prompts in your daily workflow:

Prompt	Daily Time Saved	Weekly Total
Lead Response Generator	30 min	2.5 hours
Content Repurposer	1 hour (per piece)	2 hours
Follow-Up Sequence Architect	2 hours (per sequence)	2 hours
Meeting Prep Brief	45 min (per meeting)	1.5 hours
Task Decomposer	45 min (per project)	2 hours
Total		10 hours

What's Next

These 5 prompts are just the start. When you build a complete library of prompts tailored to your business, you stop doing busy work and start operating at a level that looks unfair to everyone else.

5 AI Prompts That Save 10 Hours a Week v1.0 Built for operators who value their time.

The Lane Stack Blueprint v1.0 — Built for operators who want results, not theory.